

# Driving Towards Safety: Online PPG-based Drowsiness Detection with TCNs

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# Contribution

We propose a solution to detect driver's drowsiness using a Temporal Convolutional Network (TCN)

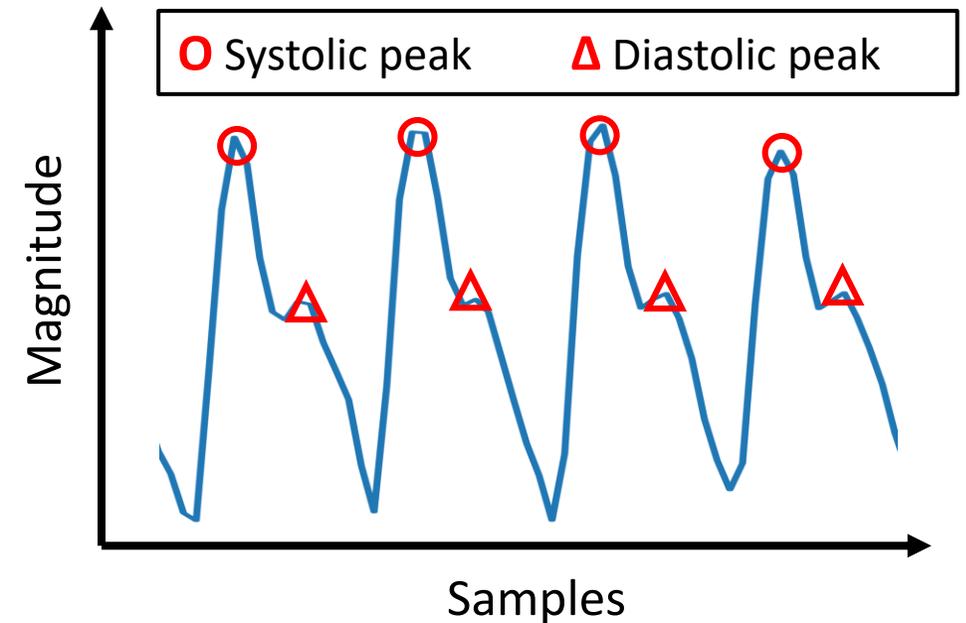
- Based on PPG signal collected in an unobtrusive way
- Validated on 16 subjects in a realistic driving simulator
- Deployed onto a parallel ultra-low-power MCU to ensure embedded real-time operation

# Outline

1. Background
  - Motivation
  - PPG signal
  - KSS scale
2. Proposed setup
  - Dataset collection
  - PPG data acquisition
  - A TCN to classify driver's state deployed on GAP9 ULP SoC
3. Experimental results
  - Classification accuracy
  - Profiling on MCU
4. Conclusions

# Background

- Drowsiness and fatigue are one the most important cause of car accidents<sup>1</sup>
- Direct measurement of sleep and wake states primarily relies on EEG
- Photoplethysmography (PPG) can be used for non-invasive assessment of the autonomic nervous system and as an unobtrusive indirect method to detect driver's drowsiness
- PPG is an optical-type signal, based on an LED-diode pair, that measures the change in blood volume in the microvascular bed



<sup>1</sup>World Health Organization. Global status report on road safety 2018: summary. Technical report, World Health Organization, 2018.

# Karolinska Sleepiness Scale - KSS

<p><b>1</b> Extremely alert</p>  <p>no signs of fatigue, correct driving, attention level much higher than normal</p> <p><small>Edit by Gabriele Maria D'Auria and Dario Rezaei Riabi</small></p>	<p><b>2</b> Very alert</p>  <p>no signs of fatigue, correct driving, attention level higher than normal</p>	<p><b>3</b> Alert</p>  <p>no signs of fatigue, correct driving, attention level within the norm</p>
<p><b>4</b> Rather alert</p>  <p>slightly tired, no skidding and no signs of drowsiness</p>	<p><b>5</b> Neither alert nor sleepy</p>  <p>tired, slight skidding and no signs of drowsiness</p>	<p><b>6</b> Some signs of sleepiness</p>  <p>tired, slight skidding and first signs of drowsiness (yawning, narrowed eyes, ...)</p>
<p><b>7</b> Sleepy, but no effort to keep awake</p>  <p>clear skidding, difficulty staying in the lane, frequent signs of drowsiness (long yawns, narrowed eyes, ...)</p>	<p><b>8</b> Sleepy, but some effort to keep awake</p>  <p>continuous skidding, inability to stay in the lane, clear signs of drowsiness (eyes closed for a few moments ...)</p>	<p><b>9</b> Very sleepy, great effort to keep awake, fighting sleep</p>  <p>continuous severe skidding, inability to stay and difficulty returning to the lane, drowsy and sometimes asleep</p>

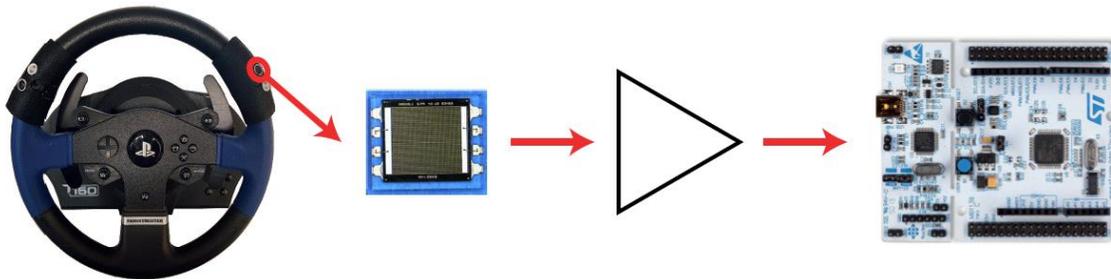
- KSS is a 9-point scale to measure the level of drowsiness using a self-report questionnaire
- KSS scores as the ground truth labels for our classification model, binarized into two classes, Alert and Drowsy
- 1-6 score -> Alert ; 7-9 score -> Drowsy

# Data Collection



## Maserati Driver-In-the-Loop Driving Simulator:

- Real vehicle cockpit
- Immersive experience
- Realistic simulator environment



## ANGELS<sup>1</sup> acquisition system:

- Two PPG probes integrated into the steering wheel
- 1Ksps dual PPG channels
- IR and RED LED and a SiPM to acquire PPG data

<sup>1</sup>Amidei, Andrea, et al. "ANGELS-Smart Steering Wheel for Driver Safety." 2023 9th International Workshop on Advances in Sensors and Interfaces (IWASI). IEEE, 2023

# Data Collection

## **Experimental protocol:**

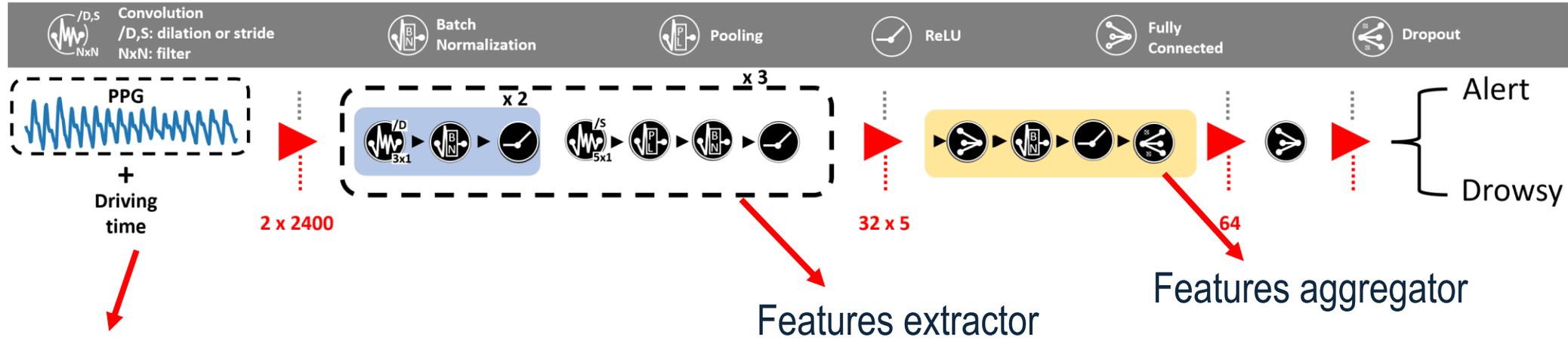
- Night-time recording sessions with the simulation room maintained completely dark and sound-isolated
- Highway driving scenario with light traffic
- Tablet inside the cockpit to report the KSS score every 5 minutes
- The recording time was not fixed, but the driving sessions ended when the driver fell asleep, or the driving style became very dangerous

## **Final dataset:**

- 21 subjects (7 of them as a direct contribution of this work)
- A total of 22h of recordings
- 5 subjects excluded (no sign of drowsiness)

# TCN Architecture

TEMPONet<sup>1</sup> architecture adapted for drowsiness detection.



Input: 2x2400

- One PPG channel (left hand) downsampled at 20sps
- Window of 2 minutes with a step size of 30s
- Driving time  $DT(t) = 1 - e^{-t/\tau}$  where the time constant  $\tau$  is heuristically set to 2 h.

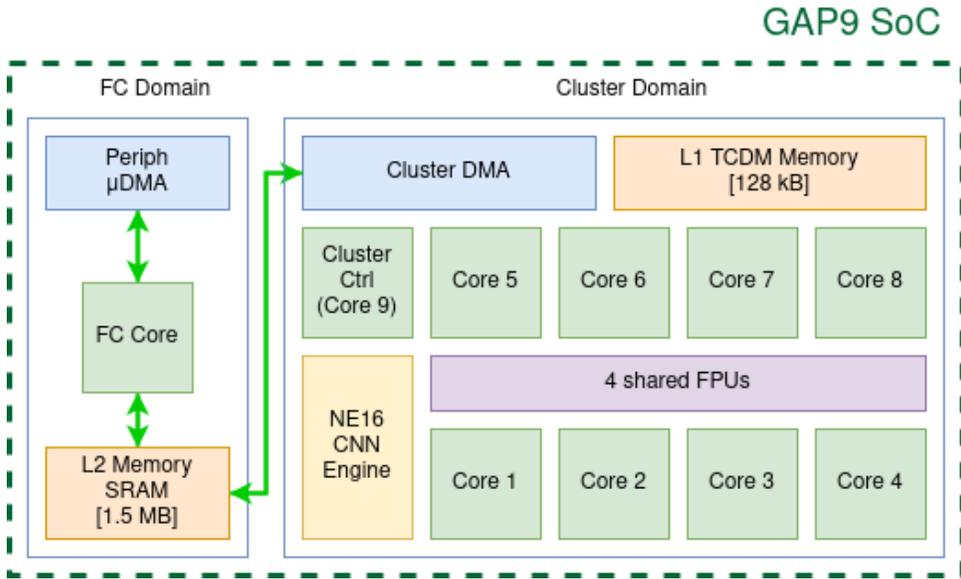


DT saturates at  $\sim 9$  h, which is the driving limit recommended by EU regulations<sup>2</sup>

<sup>1</sup>M. Zanghieri et al., "Robust real-time embedded EMG recognition frame-work using temporal convolutional networks on a multicore IoT processor," IEEE Transactions on Biomedical Circuits and Systems, vol. 14, no. 2, pp.244–256, 2020.

<sup>2</sup>[https://transport.ec.europa.eu/transport-modes/road/social-provisions/driving-time-and-rest-periods\\_en](https://transport.ec.europa.eu/transport-modes/road/social-provisions/driving-time-and-rest-periods_en)

# GAP9<sup>1</sup> SoC



To test the feasibility of our model in a real driving application, we deployed our model on GAP9<sup>3</sup>

- 9-core RISC-V compute cluster
- an AI accelerator
- single-core RISC-V controller

## Deployment steps



ONNX

Trained  
model



Post training 8-bit  
quantization

NNTool + Autotiler



C code of the  
network

<sup>1</sup><https://greenwaves-technologies.com/gap9 processor/>

# Experimental Results

All the experiments were conducted on 16 subjects  
(5 subjects excluded because of class unbalance)

		Avg $\pm$ Std
F1 Score	FP32	77.30% $\pm$ 15.26%
	INT8	<b>77.80% <math>\pm</math> 14.83%</b>
Accuracy	FP32	77.03% $\pm$ 14.75%
	INT8	<b>76.93% <math>\pm</math> 14.40%</b>

Higher accuracy wrt other  
SoA PPG-based approach

No significant drop using  
int8 quantization

We evaluate our model using a  
LOSO cross-validation scheme with  
16 folds. Each fold contains 13  
subjects for training, 2 subjects for  
validation, and 1 subject for the  
test.

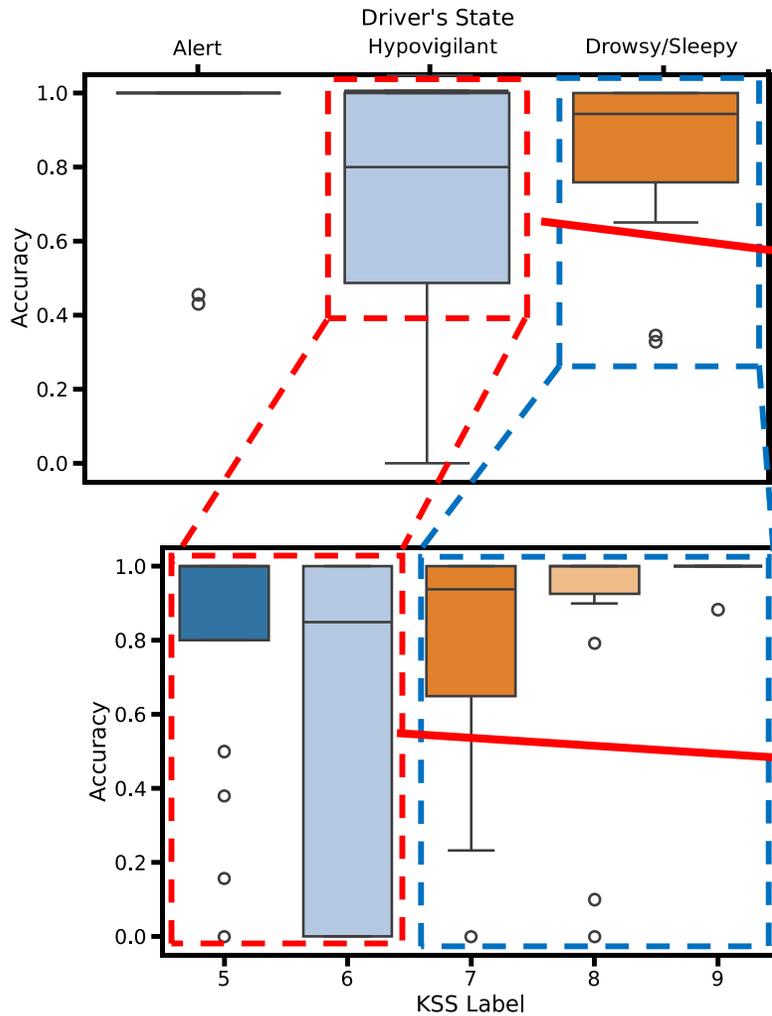
# Experimental Results

We extend our analysis by arranging the original reported KSS scores into three groups—alert (1–4), hypovigilant (5–6) and drowsy (7–9)—and evaluating the binary predictions for each of them.

- We compute the accuracy of the model's predictions against the three groups, and we obtain a **91.42%** of accuracy for **alert**, a **68.63%** of accuracy for **hypovigilant** and a **83.48%** of accuracy for **drowsy**.
- We obtain a false positive ratio (**FPR**) of **8.21%** for **alert**, a **FPR** of **32.43%** for hypovigilant and a false negative ratio (**FNR**) of **13.92%** for drowsy.

# Experimental Results

We further divide the hypovigilant and drowsy groups into their original KSS scores (i.e., 5–9), and we evaluate the model's predictions



Heightened variability and lower median accuracy in the hypovigilant state

Significant variability in the accuracy on score 6

# Deployment on GAP9

Frequency [Mhz]	240.00
Voltage [v]	0.65
L1 [kB]	63.16
L2 [kB]	29.51
Flash[kB]	24.71
Parameters [#]	24.07k
OPs	1.51M
Inference Time [ms]	4.83
Energy/Inference [ $\mu$ ]	117.40
Accuracy	76.93 %

The network requires 1.51 MOPs to be executed, resulting in a time per inference of 4.83 ms, totally compatible with the online constraint of a new prediction every 30 s, and an energy consumption of only  $\sim 117 \mu\text{J}^1$ .

<sup>1</sup>The energy consumption is referred only to the processing part, not considering the acquisition

# Conclusions

- The proposed model achieves a SoA average cross-validated accuracy of 77.60% across 16 subjects
- Our model is able to effectively reduce the number of false alarms when the driver is clearly awake, as evidenced by our low FPR of 8.21% in the alert group
- The proposed approach can be integrated with others, e.g., based on driving events, to further reduce the FNR
- Leveraging the computational capabilities of the GAP9 processor opens avenues for system scalability, potentially exploring the integration of other types of sensors

# Thanks for your attention

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